

AGE CONCERN LIPHOOK



CAN YOU HELP?

Age Concern Liphook runs a fun and lively programme of activities and events throughout the year to support the older people in our community. We're looking for some more people to help out - so if you have any time to spare (however small), we would love to hear from you!

Volunteering Opportunities

Volunteering can be incredibly rewarding and really great fun. There are lots of ways you can help - even if you only have a little time to spare...





Coming along to our regular Cuppa Club and/or Friendship Friday Lunch Club to help make the drinks & chat to people



Joining us when we go out on **monthly visits** to the local shops & bank

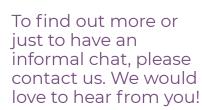


Coming along on the **fun trips** and outings to make it all run smoothly.



Helping out at some of our **annual events** like Cream Teas, Christmas parties etc.











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